



MENTOR
VIRGINIA

2024-2025

INVESTMENT

REPORT

What's Inside



What We Do



What We Achieved



Our Financials



What We Envision



Donors, Sponsors & Supporters



Invest With Us



What We Do

MENTOR Virginia builds the mentoring movement and strengthens the mentoring field in various ways. Our mission is to expand the capacity of mentoring programs; increase the number of youth in quality mentoring relationships; promote networking, collaboration, and shared learning; and advocate for legislation, policies, and funding that support the mentoring movement locally and nationally.

Connect, Guide, Grow, and Cultivate

We assess local, statewide, and regional mentoring needs and then offer and implement quality support and training to mentoring programs across Virginia.

Create Awareness

We constantly communicate through various channels why mentoring matters for young people.

Prioritize Quality Relationships

We develop our human and financial capacity and strengthen our resources to deliver exceptional services, innovate, and grow.

Engage in Meaningful Relationships

We strive to increase the number of mentoring organizations and small community-based programs in the Commonwealth.



Connect With Us



Dr. Tameshia V. Grimes, Executive Director

[Contact](#)



Emma Rush, Program Service & Data Manager

[Contact](#)



Tamice Spencer-Helms, Learning Facilitator/
Curriculum Developer

[Contact](#)



Sindy Montalvo-Perez, Marketing/Communications
Manager

[Contact](#)



Pamela Johnson, Youth Impact Coordinator

[Contact](#)

Board of Directors 2024-2025

Bryan D. Carr, Chair

JoAnn Adrales Ruh, Vice Chair

Christine Scherder, Treasurer

Venessa Woodson, Secretary

Hezekiah C. Butler

Dr. GiTonya Parker

Marty Bland

Cyrus B. Dixon

Kathy Kabala

Jason Kidd

David Yu, Ph.D.


Kyle Harkrader

Denise Eppes


Scott McQuiddy

What We Achieved


Training & Support: A Snapshot of Youth & Workplace Mentor Training Sessions



We delivered 63 Connect, Focus, and Grow sessions across 9 regions in Virginia.



More than 940 people attended our Connect, Focus, and Grow sessions.



Thanks to our grantors, donors, and collaborators we delivered New Mentor Training; Connect, Focus, and Grow (CFG); and Soulful Mentoring to 25+ programs in Central VA.



Over 1,110 adults from partners such as VCU, MEGA Mentors, Making Space, Cyberbytes, and community colleges participated in youth and workplace mentor training sessions in the Richmond region.

Mentor Training Feedback

I learned a lot! I learned a solid framework for interacting with mentees and even my coaching clients. The mentor training allowed me to look inward so that I can be helpful to all I interact with.

I liked the visuals and storytelling to expand our "pool of data." My favorite statement/quote was "leadership is caught, not taught."

This mentor training session was very well done. It was real, engaging, and informative! I learned about the importance of being curious, that the mentor is the GPS, not the driver; the importance of connecting, focusing, and growing.

More than 4,990 youth were impacted as a result of youth mentoring training deployed by MENTOR Virginia.

What We Achieved

2024 Champions of Mentoring

On October 9, 2024, our organization celebrated five organizations for empowering, elevating, and encouraging transformative mentoring relationships in the state of Virginia. The 2024 Champions of Mentoring awardees were Project Imagine, City of Danville; Partnership for the Future (PFF); Omicron Alpha Lambda, Fredericksburg Chapter, Alpha Phi Alpha Fraternity Inc.; Virginia Hispanic Foundation; and Space of Her Own (SOHO).



Soulful Mentoring Summit

On December 6, 2024, we hosted the Soulful Mentoring Summit, featuring guest speakers Miche van Essen and Vipin Thekk. The Summit focused on our new curriculum developed by Tamice Spencer-Helms, MENTOR Virginia's Learning Facilitator/Curriculum Developer, which introduces concepts of soulful leadership. Dr. Vaughn Garland and Dr. Virginia Patterson, then Executive Director of MENTOR Virginia, kicked off the event with encouraging remarks. The Summit was held at the VCU Mary and Frances Youth Center in Richmond. Participants and speakers ate lunch provided by Soul Taco.



What We Achieved

National Mentoring Summit & Capitol Hill Day



Ambassadors participated in a training session the day before heading to the Capitol to meet with Virginia's elected officials.



MENTOR Virginia's Youth Ambassadors of Mentoring at the Capitol in January 2025.



MENTOR Virginia's staff members, two Ambassadors, and a mentor are photographed in D.C. during Capitol Hill Day.



Mentors, mentees, and MENTOR Virginia staff getting ready to share their stories with members of the U.S. Congress.



35 individuals joined us at the National Mentoring Summit and the MENTOR Virginia lunch reunion in January 2025.

29 Mentoring program staff, mentors, and mentees from the Mayor's Youth Academy, L.A.U.N.C.H. for Life, and Tidewater LEAD, and 3 MENTOR Virginia staff members connected with Legislative staff to advocate for youth mentoring and the mentoring movement at Capitol Hill Day.

What We Achieved

Youth Ambassadors of Mentoring (YAM): Amplifying Youth Voices



Ambassador Davion Washington (right), senior at Richmond Community High School, participated in Lobby Day.



Davion Washington (second to the right in the front row) joined peers at Advocacy Day.



Davion (center) was featured on 12 About Town News in Richmond.



Ambassador Kriesh Tivare (left), a student at Langley High School, was named the winner of the 2024 Congressional App Challenge in Virginia's 11th District by Rep. Gerald E. Connolly.

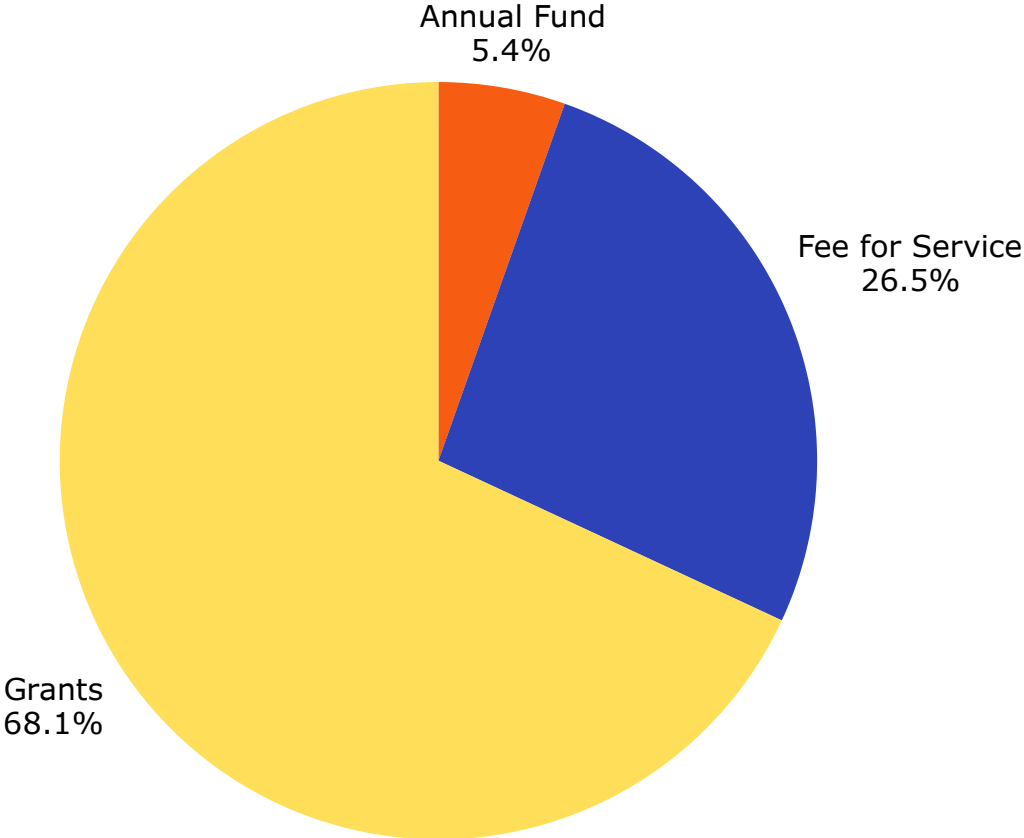


Ambassador Niel Tawney (right), presenting at the STEM Advocacy Seminar in Deep Run High School, where 70 other students had the opportunity to learn about legislation and prepare themselves to meet with Senators and Delegates.

“Participating in Advocacy Day changed my perspective by seeing firsthand how and where Virginia’s laws are made.”
-Davion Washington

“We want to ensure that voices are heard consistently throughout each session and we want young people to know that they can affect change, not with only a vote but with their voice.”
-Neil Tawney

Our Financials



Annual Fund: \$14,578

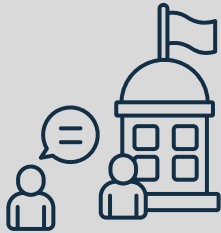
Fee for Service: \$71,390

Grants: \$183,291

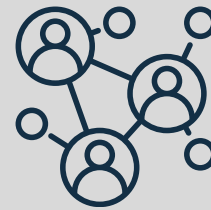
Total Income: \$280,751

What We Envision

We envision a future where every young person in Virginia who needs a mentor will have a trained mentor. We are focused on...



...supporting the mentoring movement through advocacy and by driving positive change for young people.



...serving as the go-to resource in Virginia for established and new mentoring programs.



...celebrating and empowering exceptional young people and mentees.



...creating more opportunities for mentors, field experts, and mentoring program coordinators to connect, learn best practices, and close the mentoring gap in Virginia.

What We Envision

As leaders, we activate our gifts, skills, time, and network to empower others. Our organization focuses on...



...innovating and delivering new curricula to meet the needs and demands of youth mentoring programs across the Commonwealth.



...deploying workplace mentoring training to private companies and corporations all across Virginia.



...elevating youth voices by creating opportunities for the Youth Ambassadors of Mentoring to advocate, network, and learn; encouraging Ambassadors to serve their communities and pursue their dreams.



...celebrating mentors, mentees, and mentoring programs that have a positive impact in their communities.

Donors, Sponsors & Supporters

Altria	Board of Directors
Bob and Anna Lou Schaberg Foundation	Community Foundation for a Greater Richmond
Dominion Energy Foundation	EY Foundation
Howard Gallagher Family Foundation	Jackson Foundation
Kroger Community Rewards	MENTOR National
National Mentoring Resource Center (NMRC)	Professional Development Grant
RBC Wealth Management Foundation	Target Circle Community Giving
The Herndon Foundation	The Reinhart Foundation
Tredegar Corporation	United Way of Greater Richmond and Petersburg

Thank you all our previous and current donors and sponsors

Invest With Us

You can help us expand quality mentoring relationships in Virginia

Connect with us

Our Board of Directors, consultants, and staff members are constantly seeking ways to network and build relationships with mentors, mentoring program coordinators, Virginia's elected officials, media, supporters, corporations and foundations, and everyone interested in mentorship and supporting the mentoring movement.

Help us spread the word

Our mission is to foster quality mentoring relationships that empower, elevate, and encourage young people. Help us expand our reach by inviting us to a conference, a podcast, or any other event where we can tell our story and inspire mentors, mentees, and experts in mentoring. Reach out to Tameshia Grimes or Sindy Montalvo to connect with MENTOR Virginia.

Reach out for a training or workshop

We regularly update our training offerings and develop new curricula to meet the needs of mentoring programs and organizations. Contact Emma Rush to schedule a training session or workshop, or to find out how to establish or improve the quality of your mentoring program. Find more information at mentorva.org/training-and-support-for-mentoring-programs-landing-page/.

Support us with a gift

Your generous contribution helps us provide continuous training and support to mentoring programs in Virginia. Visit our [Give website](#) for more information on how to donate.

55% of young people with mentors are more likely to enroll in college, and **78%** are more likely to volunteer regularly in their communities. Mentors can transform the future of young people: **130%** of youths with mentors are more likely to hold leadership positions. Supporting MENTOR Virginia and the mentoring movement makes a difference in communities across Virginia.



THANK YOU

We appreciate the support of our partners, donors, supporters, and collaborators. Every one of you makes our mission and vision come to fruition.

[Visit us at mentorva.org](https://www.mentorva.org)

[View our training offerings and support to mentoring programs](#)

[Click to sign up for our newsletter](#)

[Register for an event, webinar, or workshop](#)



Give Here

Follow us & like us

